



Date: March 17, 2006

Contact: Anita Magnotta, 954-492-1881

Broward County Commission Libraries Division Announces
Tai Chi Chuan and Healing Arts Sampler at Imperial Point Branch on March 29

BROWARD COUNTY, FL – View a Tai Chi Chuan demonstration by Thomas Bailey and learn from Elaine Weston how a multitude of ancient healing methods are being offered to clients at Imperial Point Medical Center’s Healing Arts Department, from 3 to 4:30 p.m. on Wednesday, March 29 at Imperial Point Branch, 5985 N. Federal Highway, Fort Lauderdale.

Thomas Bailey, an acupuncture physician and Tai Chi Chuan master who gives classes through Imperial Point Healing Arts, will explain why Tai Chi Chuan is the supreme martial art and exercise system of Chinese medicine. Bailey will demonstrate its slow, gentle movements and take the audience through Chen body loosening exercises and Qigong. Flat shoes and loose clothing are the recommended attire for participants.

Elaine Weston, the driving force behind the Healing Arts Department, will give an introduction to the many services, programs and classes offered there. She will also discuss the healing properties of essential oils (aromatherapy) and salt crystal Halite lamps.

The program is free and reservations are required.

For information, call 954-492-1881.

Founded in 1974, the award winning Broward County Libraries Division provides essential quality of life community service as well as outstanding customer service throughout Broward County. The library consists of a Main Library in Downtown Fort Lauderdale and 37 branches with more than three million items for public use. Broward County Library is the ninth largest library system in the United States serving ten million customers annually.

#